

Plainville Little League

Frequently Asked Questions

Division: Major League Baseball

Equipment:

- *Provided by League:* Team Bats, Team Catchers gear, Uniform Shirt, Socks & Hat
- *Required:* Baseball glove, Baseball pants, Baseball cleats (no metal), Personal NoCsea helmet with cage, and athletic supporter/cup
- *Optional:* Personal USA approved Bat & Bat bag

Team Selection:

Players are selected by major league managers through a draft process.

Practices:

- How many per week- 4
- Approx. Length- 2 hrs.
- What to expect-
 - Throwing –Mastery of throwing progression
 - Catching – Mastery of grounders and catching the ball, hone the fly ball skills (coming in , going back)
 - Hitting – Consistently hit live pitching, mastery of bunting, if talent exists with left handed hitting, teach slapping
 - Base Running – coming off the bases on the release of the pitch, stealing, delayed steal, aggressive base running techniques
 - Movement – mastery of coverage's and situational play, bunt defense
 - Pitching – hone fundamentals of pitching, incorporate change ups if possible

Games:

- How many per week- 1-3 per week
- Locations- Trumbull Park and possible travel to other District 5 towns, primarily Bristol
- Approx. Length- 6 innings

Division Specific Information:

- No jewelry
- Unlimited advance on overthrows
- Mandatory play is 1 at bat and 6 consecutive outs
- Batting order is not continuous

All-Star Eligibility/Selection Process:

- All major league players are eligible for all-star selection provided they have played a minimum of 60% of games

- Managers of the major league teams determine the first 9 players by unanimous vote, the remaining roster positions are left up to all-star manager discretion

